

## The Walters Art Museum

Microaggressions Annotated Bibliography - made available through the [National Docent Symposium Council](#)

<i>Title</i>	<i>Author</i>	<i>Source</i>	<i>Comments</i>
How to be an Antiracist	Ibram X. Kendi	Online bookstores, bookstores, library	A seminal read providing insight into the paradigm shift in our society. The author explores implicit bias, systemic racism and ways we can move beyond just an awareness of these problems to contributing to a more just world. The chapters on Microaggressions (4), Gender (14) and Sexuality (15) are must reads for becoming a more understanding and inclusive person.
Blindspot: Hidden Biases of Good People	M. Banaji, A. Greenwald	Online bookstores	This book helps to answer the question of why good people behave in ways that show hidden biases. It gives an online free set of tests that help identify one's hidden biases.
Racial Microaggressions in Everyday Life	Derald Wing Sue	<a href="https://www.psychologytoday.com/us/blog/microaggressions-in-everyday-life/201010/racial-microaggressions-in-everyday-life">https://www.psychologytoday.com/us/blog/microaggressions-in-everyday-life/201010/racial-microaggressions-in-everyday-life</a>	A relatively brief & very useful article that succinctly explains the origins, types, and effects of microaggressions by a Columbia University Professor of Psychology who has written extensively on the subject.
<b>Additional Text References (below)</b>			

Microaggressions are a big deal: How to talk them out and when to walk away	Andrew Limbong	<a href="https://www.npr.org/2020/06/08/872371063/microaggressions-are-a-big-deal-how-to-talk-them-out-and-when-to-walk-away">https://www.npr.org/2020/06/08/872371063/microaggressions-are-a-big-deal-how-to-talk-them-out-and-when-to-walk-away</a>	Good definition of microaggressions, maybe 4 paragraphs
The Fire Next Time	James Baldwin	Online bookstores, bookstores	A passionate, eloquent, candid work that attacks the terrible legacy and consequences of racism.
Frederick Douglass: Prophet of Freedom	David W. Blight	Online bookstores, bookstores	Pulitzer-prize winning brilliantly written biography of the most important orator, writer, and champion of the abolition of slavery in the 19th century. 912 pages
Supporting Muslim Students: A guide to understanding the diverse issues of today's classrooms	Laura Mahalingappa	Online bookstores	
That's so Gay: Microaggressions and the Lesbian, Gay, Bisexual and Transgender Community	Kevin Nadal	Online bookstores, bookstores	This book is for anyone who is concerned about the well-being of LGBT youth or seeks a greater understanding of the history, literature and research pertaining to this population. It provides insight into a community that may be challenging for nonmembers to understand.
Microaggressions toward Black Women	Bianca Barratt	<a href="https://www.forbes.com/sites/biancabarratt/2020/06/19/the-microaggressions-towards-black-women-you-might-be-complicit-in-at-work/?sh=68f58c3d2bda">https://www.forbes.com/sites/biancabarratt/2020/06/19/the-microaggressions-towards-black-women-you-might-be-complicit-in-at-work/?sh=68f58c3d2bda</a>	
Microaggressions in Everyday Life	Derald Wing Sue	<a href="#">Microaggressions in Everyday Life - Kindle edition by Sue, Derald Wing, Spanierman, Lisa. Health, Fitness &amp; Dieting</a>	This is a full-book version of the Psychology Today article in the recommended list and very expensive. It presents an introduction to the concept of microaggressions, classifies the various types of microaggressions, and offers solutions for ending microaggressions at the individual, group, and community levels. The authors—noted

		<a href="#">Kindle eBooks @ Amazon.com</a>	experts on the topic—explore the psychological effects of microaggressions on both perpetrators and targets.
<b>Multimedia Resources</b>			
Eliminating Microaggressions: The Next Level of Inclusion	Tiffany Alvoid	<a href="https://www.ted.com/talks/tiffany_alvoid_eliminating_microaggressions_the_next_level_of_inclusion">https://www.ted.com/talks/tiffany_alvoid_eliminating_microaggressions_the_next_level_of_inclusion</a>	Definition and history of microaggressions. "We all have biases and anyone can be guilty of making or being subjected to one." Tools are provided to assist in not making them. Brief history of systemic racism is given.
The Urgency of Intersectionality	Kimberlé Crenshaw	<a href="https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality?language=en">https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality?language=en</a>	Although museums are not specifically mentioned in this powerful video, it is easy to extrapolate why museums don't resonate with POC. How do we frame the museum experience to foster connections with our visitors and make them truly feel welcomed? Thought provoking! The clip talks about police brutality at 12:00 and can be stopped there in the interest of time.
Microaggressions in the Classroom	Yolanda Flores Niemann	<a href="https://www.youtube.com/watch?v=ZahtlxW2CIQ">https://www.youtube.com/watch?v=ZahtlxW2CIQ</a>	This is a discussion between a professor and her students about what micro-assaults, micro-insults, and micro-invalidation are and the impact they have on students. Some common microaggressions are identified and an example of what to say if you realize you have given one.
<b>Additional multimedia resources</b>			
What I am Learning from My Grandchildren	Anthony Peterson		Anthony Peterson says, "In our lived realities we are stubbornly engaged in false narratives about race. We don't even agree on what race is. Tell the truth to our children. Our ethnicity is essential to our identity. When we operate in silence we rob our children of truth. The vision I long for is not post-racial but post-racist. Start by taking questions from children. Embrace race."