

Minds in Motion Supporting Documents  
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## Tips for Giving Monthly Minds in Motion Tours

### **First Wednesdays of Every Month—1:00 p.m.**

#### Greeting Guests

- When waiting for the group to arrive, one docent should be stationed at the Bloch Lobby Info Desk while one docent greets people at the entrance from the garage.
- Remember to have name tags and markers ready for visitors. Name tags can be found in the file drawer beneath the Object Files in the Volunteer Work room

#### Starting the Tour and Late Arrivals

- Guests may be late due to a variety of issues. If you are waiting for a few people to arrive, have one docent start the tour while the other docent waits ten minutes for late comers. After ten minutes, inform the Bloch Lobby Info Desk and the security officer at the garage entrance where the tour will begin should any other guests arrive after that time.

#### Overly Large Group Due to the Attendance of Non-Registered People

- People are required to register for the tour through 1ART and no more than 12 participants are allowed to sign up. Should unregistered participants arrive and you have a group of 16 participants or more, split the group in half and each docent takes one group. Organize gallery rotation accordingly.
- If it's a large group and there are wheelchairs, docents can share this responsibility by dividing the wheelchairs between the two groups. This will help minimize crowding in the gallery.

#### Stools

- Arrive 20 minutes early and make sure that stools are readily available in the Bloch Lobby or in the Docent Sign-In Room. If the rack is not there, locate the rack yourself with the help of the Info Desk or notify David or Marla.
- One person fell off her stool during a tour recently. Please warn participants before the tour begins that stools are a bit unstable and that they may prefer a wheel chair.

#### Wheel Chairs

- Before the tour begins, stop by coat check and make sure wheelchairs are available. Visitors will likely bring their own wheelchairs. If not, be ready to obtain one from coat check. You will need to sign your name on a check-out form.

#### Plan on Staying Until 2:30 p.m.

- While the 75-minute tour is scheduled to end at 2:15 p.m., plan on staying until 2:30 p.m. so you can escort your group to the exits.

### Other Guests Joining the Tour

- Some people have showed up for the tour without knowing that it is a special tour for individuals with memory loss. When this happens, let individuals know that they are welcome to stay but that the tour is tailored to a particular audience.

### Stamina

- The tour is advertised as a 75 minute tour. If your group tires early on, feel free to cut the tour short.

***Minds in Motion***  
**How to Enhance Existing Tours for This Audience**

**Music**

- Play musical selections for your guests that relate to the subject matter you are viewing. Select songs that will be familiar to your audience to evoke emotions.
- Sing. Have the group sing a well-known tune that relates to your subject matter. Guests may also enjoy singing a song that has special meaning to them which has been brought to mind from what you are viewing and/or discussing.

**Tactile**

- Give guests gloves from your conservation department to allow them to touch sculptures with high relief.
- Material Boards can display materials that are the same or similar to the objects you are viewing. Pass the board around the group so they can discover how the object feels compared to the way it looks.
- Bring in personal mementos that have special meaning for you to share with your guests and ask about objects they own that have special meaning for them.
- Utilize therapy dogs or comfort animals which are handled by their certified trainers.

**Writing/Drawing**

- Ask guests and/or their care partners to draw or write stories about special events in their lives. We used this with Native American pictographs, but Egyptian hieroglyphs or paintings/drawings with a strong narrative would work as well.

**Sense of Smell**

- Bring in a scented vial which relates to objects on view. For example, incense in a Buddhist temple setting or floral scents with still lifes etc. Stick to pleasant smells and make sure no one is sensitive to the scents.

**Imagination**

- Ask your guests to use their imaginations regarding what people may be talking about, thinking or feeling.
- Use your imagination to discuss all the senses...how would it feel, sound, smell and taste?

## **2017 Minds in Motion Tour Themes**

Chinese Highlights March 1 - Join us for a conversation about the sculpture of Guanyin and other treasures in our collection of Chinese art, acclaimed as one of the finest in the West.

Say Cheese April 5 - We have all captured moments in our lives with our Brownie, our Polaroid, or our Instamatic cameras. Let's look at the work of other photographers and see what memories come to mind.

All in the Family May 3 - Come explore some family portraits from 18th-century Europe. You may be surprised who is considered a member of the family!

Escape from Urban Life June 7 - Travel back in time and join a conversation about American rural life, west of the Mississippi!

Dressed to the Nines July 5 - Come explore traditional and contemporary Native American clothing and discover the high degree of artistry and craftsmanship used to create these works of art.

Emotion in Motion August 2 - Contemporary art is vibrant with color, shape and line—all of which awaken in us a wide range of emotion and feeling. Join us as we take a look at this art together.

Church and State September 6 - Come explore images of Biblical and secular figures and the fascinating stories that these objects reveal.

Pop into Pop Art! October 4 - Discover a guard who never sleeps and a can of soup that can't be eaten. Join a conversation about Pop Art, a movement that was fascinated by popular culture.

Cast of Many Characters November 1 - Italian paintings of the 18th-century can be chock-full of people and action. Take a look at three such paintings and try to unravel the stories they tell.

Weaving Stories December 6 - African textiles are amazing! Come explore the many ways in which these fabrics reflect the rich culture of sub-Saharan peoples.

## **2018 Minds in Motion Tour Themes**

**Big Hair** January 3 - View the clothing, elaborate manners, and beauty standards of 18th-century France as witnessed through paintings of the period.

**Church and State** February 7 - Come explore images of Biblical and secular figures and the fascinating stories that these works reveal.

**Do the Twist** March 7 - Join us in a conversation about the portrayal of the human body throughout history. Compare and contrast the stiff poses of Egyptian and Mesopotamian art to the later more natural forms of Greece and Rome.

**Westward Ho** April 4 - Saddle up and travel west to experience the people, places, and history of our country's majestic Western landscape.

**Hindu Temple** May 2 - Come hear stories of Indian gods and the explore the values of the Hindu culture displayed in our reconstructed Hindi Temple.

**People of the Plains** June 6 - Better understand the lives of the Plains Indians as we investigate their materials, ceremonial objects, and visual language.

**Tales from the Crypt** August 1 - Travel back in time and view tomb art from ancient Egypt, Greece, and Rome and explore the stories these works tell.

**The Art of Chinese Hospitality** September 5 - Come discuss and appreciate the ancient art of Chinese hospitality and harmonious living.

**Art Now!** October 3 - Join us in a conversation about recent acquisitions in our contemporary galleries.

**Off to Japan!** November 7 - Journey to Japan where ancient traditions and rich culture are revealed through beautiful screens, ceramics, and sculptures.

**Gates of Paradise** December 5 - Come explore the monumental doors from Florence and the dramatic stories that they display.

## **2019 Minds in Motion Tour Themes**

Different Strokes for Different Folks January 2 - Come discuss works by the French Impressionists and the revolution they ushered in.

Still Lives Tell a Story February 6 - Still life is not so still! Discover what stories can be revealed in European works of the 17th and 18th centuries.

Destination Japan March 6 - Come experience the exquisite art of Japan as we explore objects from the temple, the home, and the great outdoors.

An Afternoon Tea April 3 - Join us for a discussion about coffee and tea services in the Folger's Coffee Silver Collection.

As Pretty as a Picture May 1 - Explore portraits from colonial America and discover the stories they tell.

Weaving a Story June 5 - Come discuss 17th-century Belgian tapestries that spin a yarn about the ancient gods.

Faithful Companions in Art July 3 - Revisit memories of loyal pets as we appreciate their portrayal in art.

Discriminating Thieves August 7 - Join us in a conversation about how Hitler and the Nazis looted art on an unprecedented scale, stealing thousands of objects across Europe.

Music to My Ears September 4 - Tune up your imaginations to discuss melodies and music that inspired works of art in the galleries.

Home Sweet Home October 2 - Tune up your imaginations to discuss melodies and music that inspired works of art in the galleries.

Hindu Temple November 6 - Join us in a discussion about our Hindu temple and the artworks contained within its walls.

African Spirituality December 4 - Come see masks and other objects made for spiritual ceremonies in various African communities.

## **How to Book a Minds in Motion Tour**

- Go to [www.Nelson-Atkins.org](http://www.Nelson-Atkins.org)
- Click on Do and Learn on home page
- Click on Tours
- Scroll down to Adult Tours and go to square marked Minds in Motion Tour and click on black rectangle marked REGISTER

